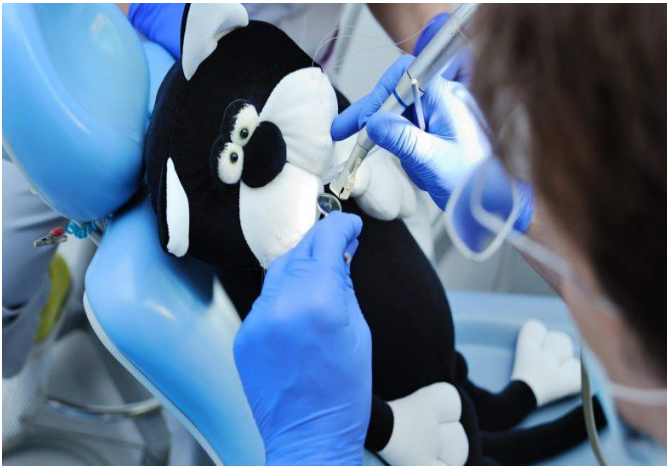


General anesthesia

Pediatric dentistry

200-6550 Jean-Talon est, Montréal, QC H1S 1N1



Pre-operative information for the parents and children

Covid-19 test:

Appointment date :

Arrival time :

Expected surgery time :

Only one parent is allowed at the clinic, except for patients with special needs

Centre dentaire Patrick Canonne
2021 edition

Your child will need dental treatment under general anesthesia. The coordinator will communicate with you to schedule the surgery date.

This brochure has been written to ensure the well being and security of your child. It contains important information regarding the preparation of your child for his dental surgery.

It is very important to have this brochure in hands when the clerk calls you the night before the surgery. The clerk will give you important information to write down.

What I can do to prepare?

Read this part of the document with your child.

Please communicate with us if your child has signs of an infection like: a fever, cough, runny nose, a rash, diarrhea, a contagious illness (chicken pox, measles, etc.)

The night before the surgery

A clerk will contact you between 9h00am and 4h00pm to inform you of:

- The fasting recommendation
- The arrival time at the clinic
- The scheduled time of the surgery

The covid-19 test need to be done 3-4 days only prior the surgery date and the result must be sent, et the latest, the day before the procedure, at 6550ag@gmail.com.

Preoperative fasting

The fasting is important for the safety of your child in order to prevent liquids from the stomach to go into the lungs which could be dangerous for your child's life.

- *No food or dairy products as of midnight the night before.*

- *Water or clear apple juice (no particles) are allowed up to 2 hours before arrival time.*

- *Breast milk (breastfeeding) is permitted up to 4 hours before arrival time.*

- *All other liquids are forbidden and no gum or candies are allowed.*

In resume, your child has to fast from midnight but can drink water or apple juice until:_____.

If the preoperative fasting instructions are not respected, the appointment will be canceled and fees of \$200.00 will be charged to you.

Medication

- If your child takes medication regularly, he must take them as usual the morning of the surgery (with a few sips of water or clear apple juice only).
- If your child uses regular inhalers, he needs to take them as instructed.
- If your child uses occasional inhalers, you will have to start the treatment with inhalers 2 days before the procedure even if your child has no current symptoms.
- You have to bring the inhalers with you the day of the surgery.

Health

Your child must have a perfect health to undergo general anesthesia. This means no cough, sore throat, runny nose, etc.

The morning of the surgery: Pyjama Party

- Choose either pyjama or comfortable clothes. Do not put on one piece or tights. Your child can brush his teeth without swallowing water.
- Remove all jewelry (earrings, bracelet, rings, watches...) and nail polish.
- If long hair please tie them up.
- The planned arrival time could change depending on many different circumstances.

Bring with you :

- valid medical healthcare card
- dental insurance card
- Slippers
- Favorite toy or Teddy bear
- Blanket for the trip back home

If the Medicare card is expired, you have to take the necessary steps with the Régie de l'assurance-maladie du Québec by calling this number: 1-800-561-9749. Our fax number is: 514-256-8539

Arrival at the clinic

- The arrival time has to be respected. A delay of more than 15 minutes could lead to a cancellation of the surgery and a \$200.00 fee. If you do not show up to the appointment without a 24 hrs notice we will charge you a \$200.00 fee.

- The administrative secretary will welcome you and your child and will make sure the preoperative fasting has been respected.

- She will then give you medical forms to complete and once they are completed, she will measure, weigh, take your child's temperature and saturation (blood oxygen level). This last measure is taken by an electronic machine with a red light which we call 'the magic button or magic finger'.

- She will also place an identification bracelet on your child's ankle.

- Once all this is done, you will be able to wait with your child in the waiting room.

- The anesthesiologist (Dr Dream) will come to meet you to discuss your child's medical history if needed and will be able to answer some questions you may have.

- Sometimes a respiratory therapist could administer a fruity liquid dose of analgesia before the start of the procedure.



The operating room

- A member of our team will accompany you to the operating room.
- The room can be quite intimidating for children with all the equipment and personnel.
- The child will have to sit by himself on a dental chair just like at the consult visit.
- The anesthesiologist (Dr Dream) will place a mask covering the mouth and the nose. This mask will have a strawberry smell. The patient has to breathe in the mask a few seconds in order to go to sleep. Once sleeping, your child will be under the care of the anesthesia team and you will have to return to the waiting room.



Breathe while keeping the mask on your face at all time

- The dentist will take some radiographs and will proceed with a complete dental exam before starting any treatment. He will then discuss with you the findings and explain the recommended treatment plan and give you an estimate time for the procedure,

- When all treatment is completed, the dentist will discuss with you all postoperative recommendations and instructions. During this time your child will stay under the care of the anesthesia team. You will not get to see your child during that time.

The recovery

- The respiratory therapist will call you as soon as your child enters the recovery room (Rocket room). The anesthesia post-operative instructions will be given to you at that time.

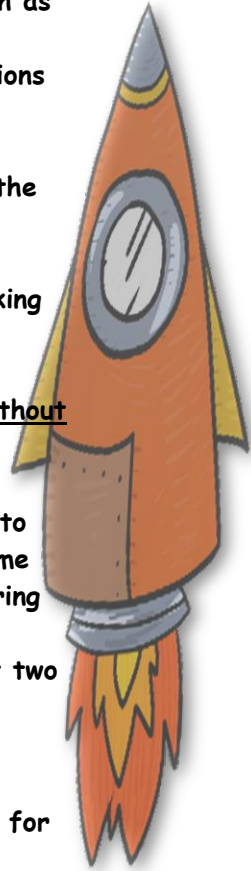
- You are expected to stay in that room until the discharged orders have been authorised.

- Your child can be agitated or upset when waking up. Some are sleepy while others can cry.

It is prohibited to leave the recovery room without the respiratory therapist autorisation.

- After a surgery, your child will be too weak to walk and to tolerate public transportation. Some children are nauseous and can vomit, please bring a plastic bag. We recommend that you return home by car or taxi. We also recommend that two adults be present as your child may need assistance in the car.

- We recommend that your child be kept home for a minimum of 24 hrs under adult supervision.



Dentist recommendation

- Please avoid all physical activities for 24 hrs.
- Your child can be very sleepy, nauseous and/or vomiting.
- You can give an analgesia such as acetaminophen (Tylenol®) if your child feels pain or discomfort.
- Plan soft foods for the following 24 hrs after surgery like soups, rice or pasta. Hydrating drink like Gatorade® and Pedialyte®, popsicles and apple juice are all recommended.
- A respiratory therapist will communicate with you in the following days to follow up.

Consent

The parent or legal guardian must sign all consent forms for the dental treatments and anesthesia. It is important that one of the parent or legal guardian be present the day of the surgery.

If you can't be present for the procedure, the appropriate paperwork has to be filled and signed,

In situations of legal guardianship, all legal documents from the court have to be brought at the appointment. A copy will be placed in the child's chart.

You can contact us:

- Coordinator between 8h30am and 4h30pm at 514-256-5574 ext 225
- Administrative secretary between 7h00am and 3h00pm at 514-256-5574 ext 230
- Respiratory therapist between 7h00am and 5h00pm at 514-256-5574 ext 302

Our offices are open from Monday to Wednesday 8h00am to 5h00pm and Thursday to Friday 8h00am to 4h00pm.



Centre dentaire Patrick Canonne

6550 Jean-Talon Est, bureau 200

Montréal, QC H1S 1N1

B : 514-256-5574

F : 514-256-8539

C : c.d.patrickcanonne@bellnet.ca